

Mount Sinai

FALL/WINTER

HIGH SCHOOL

www.mtsinai.k12.ny.us



HOMECOMING/SOPHOMORE CLASS

The Sophomore Class of 2026 celebrated their "Summer Vibes" for Fall Homecoming 2023. The weather held off to keep summer alive and everyone on island time for one more weekend! A special thanks to the Greggo and Mullahey families for all your generosity and help with the float.

And a special thanks to all the sophomores, especially the class officers- Holly Grieve, Maya Dilone, Antonio Faldetta, Josh Augustine - and the countless others that showed up each day for 3+ weeks to measure, sketch, and paint to decorate our hallway and float! It's a true testament to your class and your community.

Go Mustangs!

Athletes Helping Athletes

AHA from Cameron Campo

"Athletes Helping Athletes is one of the most cherished clubs at Mount Sinai High School. Yes, the Club is about teaching younger generations about sportsmanship but it is also about much more than that. At its core, it is about older students modeling for younger students how hard work and dedication lead to being successful both on and off the field, both in academics and athletics, and in all aspects of life.

On November 29, 2023, the Mount Sinai members of AHA met along with the members at Miller Place, Rocky Point, and Comsewogue, and participated in their first training of the year. During this first training, members of the Club were taught how to interact with not only elementary students but the elementary teacher as well. They learned how to make the classroom environment feel less like a classroom, in many different ways. For instance, the instructors taught the Club members how to make fun interactive games for the students, which allowed them to get to know each other and learn valuable lessons.

A few days after this first training, the Mount Sinai AHA Club members went down to the Mount Sinai Elementary School, to put their newly learned skills into practice. It is always so exciting to meet our new teacher and students for the year as we all know we will form a bond that will carry on past this one academic year. There is nothing like seeing the children's faces immediately lit up the moment we walk into their classroom for the first time, for they know we are people they can trust, and learn from, and they welcome that open-heartedly.

Through just our first visit, the elementary schoolers learned many valuable lessons such as "hard work beats talent, any day", and "If at first you do not succeed at something, always keep trying." We are all excited to continue to foster a bond with our students this year and to play a vital role in their success both in and out of the classroom."



Mount Sinai High School

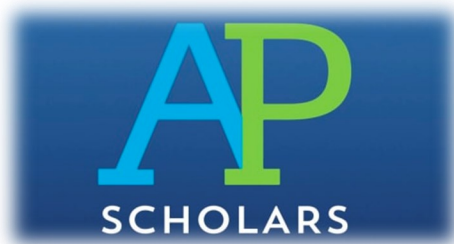
Writing with a Purpose

Mrs. Lecci's 2023 **Writing with a Purpose** elective created original children's books, and shared them with the Mt. Sinai Kindergarten classes.

Juniors and Seniors created stories which conveyed positive messages of sharing, self-love, and caring to our young people. Both older and younger audiences enjoyed the experience immensely!



HIGH SCHOOL



AP Scholar - Granted to students who receive grades of 3 or higher on three or more AP exams

Jess Augustine, Amina Bajwa, Kassia Bono, Devin Champagne, Orlando DiDesidero, Sofia Edlund, Alexander Fares, Jean Garin, Patrick McWilliams, Thanvika Palukuri, Juan Perez, Ashley Sankey, Wyatt Tegay,

AP Scholar with Honor - Granted to students who receive an average grade of at least 3.25 on all AP exams taken, and grades of 3 or higher on four or more of these exams.

Thomas Arrington, Alexa Bolen, Nate Castro, Catherine Dimitratos, John Jongebloed, Mila Klaric, Sarah Mlyn, Alexander Polyansky, Lily Samuel, Stephanie Sheehan

AP Scholars with Distinction - Granted to students who receive an average grade of at least 3.5 on all AP exams taken, and grades of 3 or higher on five or more of these exams.

Anna Fedotov, David Peregosky, Anthony Serro, and Paige Sheiffele.

Commended Students

Thomas Arrington, Anna Fedotov, and
David Peregosky



Congratulations to the Fall 2023 National Honor Society Inductees



Devin Champagne
Catherine Dimitratos
Madeline Kaplan
Patrick McWilliams
Abigail Ryan
Anthony Serro
Carli Sheiffele



HIGH SCHOOL



On October 13th, fourteen students from the MSHS drama program spent an informative day at the Long Island High School Theater Festival, hosted by the Drama Department of Molloy College. They attended workshops in dance, improv, Shakespeare, audition techniques, and many more. The Festival was attended by 21 high theater programs from around Long Island, and students were able to meet other drama students in ice breakers, workshops and at the catered lunch. This was the second time MSHS students have had the opportunity to attend the program.

The award-winning Mount Sinai Performing Arts, MSHS's drama club, presented the play 'I Never Saw Another Butterfly' on November 3rd and 4th. Inspired by the art and poetry of the 15,000 children who came of age and dealt with unspeakable loss within the confines of the Nazi concentration camp at Terezin, the play is the story of one of the only 132 children who survived. It is also the story of the adults who risked their lives by teaching them, when to do so was punishable by death. It is the story of the triumph of art over oppression, beauty over darkness, and the human spirit over evil. It is the story of survival. But mostly, it is the story of *hatikvah* ... the story of hope.

The students of Mount Sinai High School gave powerful and moving performances as they tackled this very difficult material., and the support of the community was obvious in the record-breaking number of people in the audience.





Our Guidance and Counseling Department hosted a Financial Aid Night on Wednesday, November 30, 2023. Ms. Renee Nunziato, Director of Financial Aid and Scholarship Services at Suffolk Community College, gave an informative presentation to a group of high school seniors and their parents. Ms. Nunziato spoke in depth on such topics as: types of Financial Aid, various loans that are available to students, and reviewed the process of applying for financial aid using the FAFSA form. Please note that Ms. Nunziato's PowerPoint presentation is available on the Guidance Google Classroom page.



FBLA provided a lesson to the entire 4th Grade on Thursday, October 19th. The focus of the lesson was the importance for saving money and how to spend money. F.B.L.A. members put the children into small groups to complete an activity. Each group was given a monetary budget and they had to determine how to spend the money wisely in order to survive. A member from each group then had the opportunity to share. The lesson concluded with a craft. The students were given a dollar and they could draw any face in the oval and write any number in each corner. On the back, they needed to explain why saving money will be important to them.



MOUNT SINAI HIGH SCHOOL GOVERNMENT



On October, 28th the High School Student Government held its 13th Annual Safe Halloween event Robert M. Grable Jr. Mount Sinai High School. The event took place from 10:00am-2:00pm. The High School Student Government transformed the High School into a safe and fun environment where excited community members paraded through the halls in search of more treats than tricks. Over 1100 community members were greeted with treats, organized games and activities hosted by 16 clubs from the High School, Middle School and Elementary School.

High School student, PJ Sheiffele won a \$50.00 Café Spiga gift card for being the closest guess to the jar full of candy corn.

This year's Haunted Hallway did not disappoint! Thank you to the community for donating money to the Student Government and for bringing non-perishable food items to be donated to Long Island Cares food bank.

A big thank-you goes out to all of the faculty, staff and clubs for their outstanding, selfless participation. The day was a great success!

Student Government and Interact Club

"The Student Government and Interact Club collaborated on a Food Drive for Long Island Cares over the past few weeks. All of the collections for Long Island Cares are donated to *The Harry Chapin Food Bank*. The Mount Sinai Community was able to collect over 700 pounds of non-perishable good to be donated, supporting the food bank and the 234,000 individuals, including 65,000 children, who are food insecure on Long Island."



SEPTEMBER

STUDENTS OF THE MONTH



STUDENT NAME	SUBJECT	GRADE
Leia Walter	Art	12
Abby Ryan	Business	12
Tyler Wells	Citizenship	12
Luke Kropf	Computer Science	10
Julian Gunnell	English	12
Essence Hainey-Culbert	Family and Consumer Science	12
Deandre Temple	Health	11
Emily McGuire	Math	10
Leah Romero	Music	12
Taylor Pedra	Physical Education	12
Katie Magee	Science	10
Jess Augustine	Social Studies	12
Matteo Marano	Technology	10
Addisyn Romelien	World Languages	9

OCTOBER

STUDENTS OF THE MONTH



STUDENT NAME	SUBJECT	GRADE
Julia Foley	Art	10
Bhavneet Ghumman	Business	11
Andres Hernandez-Pena	Citizenship	9
Nicholas Wei	Computer Science	11
Olivia Romeo	English	10
Riley Mullahey	Family and Consumer Science	10
Conrad DePinto	Health	11
Sameer Salman	Math	11
Erika Lo	Music	11
Michael Garrido	Physical Education	9
Kamilla Ortiz	Science	11
Blake Kolsch	Social Studies	11
Corinthea Carrion	Technology	9
Giuliana Vavalle	World Languages	10

NOVEMBER

STUDENTS OF THE MONTH



STUDENT NAME	SUBJECT	GRADE
Jeffrey Paul	Art	11
David Peregosky	Business	12
Hayden Jarit	Citizenship	11
Piers Reid	Computer Science	11
Skyler Tricarichi	English	9
Maya Slezak	Family and Consumer Science	11
Liam Metzler	Health	11
Nate Castro	Math	12
Isabella Padilla	Music	11
Enzo Barranca	Physical Education	12
Mackenzie Kling	Science	11
Anthony Gounaris	Social Studies	10
Marcus Magloire	Technology	11
Anna Fedotov	World Languages	12

DECEMBER

STUDENTS OF THE MONTH



STUDENT NAME	SUBJECT	GRADE
Audrey Acierno	Art	9
Alyssa Jaggernauth	Business	12
Capri Rienecker	Citizenship	9
Harrison Stump	Computer Science	11
Madison Grego	English Language Arts	10
Brooke Napolitano	Family and Consumer Science	11
Marin Reichenbach	Health	11
Kendal Betro	Math	9
Kayleigh Hegreness	Music	9
Michael Castro	Physical Education	9
Sofia Edlund	Science	12
Alexander Fares	Social Studies	11
Brayden DeMouth	Technology	10
Ava White	World Languages	9

Signing Day



CONGRATULATIONS TO THE FOLLOWING STUDENT/ATHLETES ON COLLEGE SIGNING DAY : NOVEMBER 8

Demetrios Boutis
Lacrosse

Long Island University

Kayli Carannante
Lacrosse

University of Pittsburgh

Nicholas Carretta
Lacrosse

Belmont Abbey College

Camryn Chamberlain –
Lacrosse

Stetson University

Peyton Choma
Lacrosse

Quinnipiac University

James DelPrete
Lacrosse

Rivier University

Brayden Fahrbach
Wrestling

Appalachian State University

Jake Furrer
Lacrosse

Adelphi University

Madeline Kaplan
Lacrosse

The University of Scranton

Sean Kling
Lacrosse

Salve Regina University

Lucas Laforge
Lacrosse

University of Michigan

Sarah Merlo
Soccer

Buffalo State University

James Millen
Lacrosse

Saint Leo University

Brett Oppenheim
Lacrosse

Adelphi University

Gabrielle Ramos
Lacrosse

Long Island University

Mark Schreiber
Lacrosse

Belmont Abbey College

Jack Steimle
Lacrosse

Westminster University

Noah Sulpizio
Lacrosse

DePauw University

Matthew Taylor
Lacrosse

Saint Leo University

Andrew Yanez
Baseball

CUNY Queens College
Mount Sinai High School

HIGH SCHOOL

NYSCAME All-County Festival!

Congratulations to the following high school music students who were selected to participate in the NYSCAME All-County Festival!

Orchestra - Erika Lo, Owen Hart, and Stephanie Sheehan

Band - Maxwell Mankuta

Chorus - Orlando DiDesidero, Mackenzie Kling, Kiera Klug, Kyle Manzo, Sara Michaleas, and Aidan Passaro



2023 All-State Mixed Chorus

Mackenzie Kling & Aidan Passaro were accepted into the 2023 All-State Mixed Chorus. The All-State music ensembles are honors groups comprised of the top students from school music departments across the state. Aidan and Mackenzie will travel to Rochester at the end of the month and have the opportunity to perform at the Eastman Theater.

Congratulations!



28th ANNUAL NITA ELDER STUDENT SCHOLARSHIP EXHIBITION

AP Studio Art students pursuing visual arts/education in college were selected to exhibit artwork at the Bellport Community Center. On Friday November 16, 2023 the reception awarded selected students' scholarships, Sophia La Stella received a special scholarship of \$250.00 and sold her photography for \$75.00! Amazing artwork by all and incredible efforts by Camryn, Jake, and Sophia. Congratulations and best of luck for upcoming Fall 2024!



Spanish Language Honor Society

On October 26th, the *Sociedad Honoraria Hispánica* (Spanish Language Honor Society), had their 2nd ever induction ceremony in the high school library. Membership in the society is based on continuing years of language study, along with excellence in Spanish course-work, and overall GPA. The group was joined by Mr. McHugh and the newest members of the National Honor Society as they were also being inducted. Following words from Mr. Pramataris, the club's advisors - Señora Burke and Señor Mees - and the club's officers, the students recited the society's pledge and were officially inducted.

The names of the students inducted can be found below: Victoria Acosta, Alessandro Bejines, Alexa Bolen, Kassia Bono, Grace Cafarella (Secretary), Nate Castro, Catherine Dimitratos, Sofia Edlund (President), Anna Fedotov, Alessandro Gallegos, Ava Heaton, John Jongebloed (Treasurer), Christian Lambert, Isabella Lynch, Taylor Pedra (Vice President), Juan Perez, Anna Rossman, Tyler Roth, Lily Samuel, Ashley Sankey, Paige Sheffele (Treasurer)



On Monday, November 20 the Mount Sinai Spanish Honor Society took their first field trip of the year. Heading out to Patchogue, the group, along with many other neighboring schools, had a chance to experience authentic Latin dancing while also doing a deep dive into the culture. Performed at the Patchogue Theatre for the Performing Arts, students had the opportunity to watch the Hispanic Flamenco Ballet while learning all about the culture and backstories of the routines. Two of our students, Tyler Roth and Juan Perez were able to go onto stage at the finale and perform with other students and the dancers. The group then made their way to *Gallo*, a nearby Colombian restaurant. Students enjoyed authentic Colombian cuisine in buffet style thanks to the incredible staff.



Congratulations to the following students who were selected to participate in the **SCMEA Division 3 All-County performing ensembles in March.**

Orchestra: Sophia Chen, Annie Clark, Mahika Palukuri, Malia Lockhart, Olivia Szczepanik, and Luke Zhang

Chorus: Chava Kowlessar, Matthew Manzo, Kate Panag, Lucas Pitello, Ava Schmit, and Giuliana Vavalle

Band: Matthew Fitzgerald





SADD members are busy planning for this year's **12th Annual Turkey Trot**. We are signing up runners and getting sponsors daily. As always, all proceeds go to Holiday Magic, which provides holiday gifts to needy children. I



Silver Anniversary of Magic at Mount Sinai

Mount Sinai High School's SADD (*Students Against Destructive Decisions*) and **Holiday Magic** joined forces for their **25th** year as a team devoted to making the holidays magical for children across Long Island. Holiday Magic, headed by Charlie "Santa" Russo, is a non-profit organization that dedicates itself to making the holidays special for less fortunate children and their families. On **December 8th**, with Santa lists in hand and **\$3600** in cash from Holiday Magic, the SADD students descended on Walmart and the Smith Haven Mall in search of the requested gifts. With the help of a donated truck from **RTI Trucking**, the gifts were delivered to the "North Pole" for wrapping. Making this year's shopping event even more special is the fact that Mount Sinai High SADD will be hosting a holiday dinner for these children and their families on **December 19th**. Santa and his elves will be in attendance giving out gifts all night. At this time, SADD will also present Holiday Magic with a check for **\$8000** from the proceeds of the **2023 Turkey Trot**. The evening will be "Silver Magic" for all.

As always, SADD's goal is to show these children that the community does care, which in the future will hopefully prevent them from making "destructive decisions."





[Holiday Magic at Mount Sinai High](#)

Mount Sinai High School's SADD (*Students Against Destructive Decisions*) hosted their annual **Holiday Magic Dinner** on December 19th. Having been cancelled the last few years due to COVID concerns, the SADD members eagerly awaited this evening of "Magic", which provides a holiday dinner for less fortunate children and their families from across Suffolk County. Santa and his elves did not disappoint our guests as they handed out gifts all night. The SADD members proudly presented Holiday Magic founder, Charlie Russo, with a check for **\$8000** from the proceeds of the **2023 Turkey Trot**. Our sizable donation was made even more special because this year marked our **25th year** shopping for Holiday Magic. This additional money will go directly to purchase more gifts for the record setting number of children (10,000) that Holiday Magic shopped for this year. SADD would like to thank everyone in the Mount Sinai community that participated in the Turkey Trot because without them, we would not be able to fund the "Magic."

As always, SADD's goal is to show these children that the community does care, which in the future will hopefully prevent them from making "destructive decisions."





Art Field Trip to the Metropolitan Museum of Art

Friday January 12, 2024

Students of art classes were selected to visit the Metropolitan Museum of Art, The MET, located in New York City. The experience included coach bus transportation, dining at the MET, and a day of viewing the museum's most prestigious exhibitions. This trip could not have been as successful if it wasn't for our incredible crew of students eager to walk the many halls and take in the vast art history and visual journey through the ages. Our chaperones, Victoria Wilcoxon, Matthew Seery, Meghan McGrath, and Andrea Morganelli were truly impressed to see our group not only appreciate a day trip, but lead with such maturity and respect while spending time.

Thank you to the support of parents for allowing your child to attend and I look forward to future trips for our Art Department and students alike.

-Andrea Morganelli

Students of Ms. Morganelli’s Drawing & Painting class participated in the annual East End Arts

“Unity Through Collaboration” Project. Students each shared or individually created a panel to represent a “super hero” of Black History. This year we selected Jane Bolin, a New Yorker and first African American female judge. The work was inspired by Pop Art to offer a more impactful comic book aesthetic to depict her character.

The blues are homage to her alma mater Yale University.

East End Arts teams up with many local districts on Long Island for this effort.

Students work are then auctioned to raise funds for a student scholarship. Check out the link below.

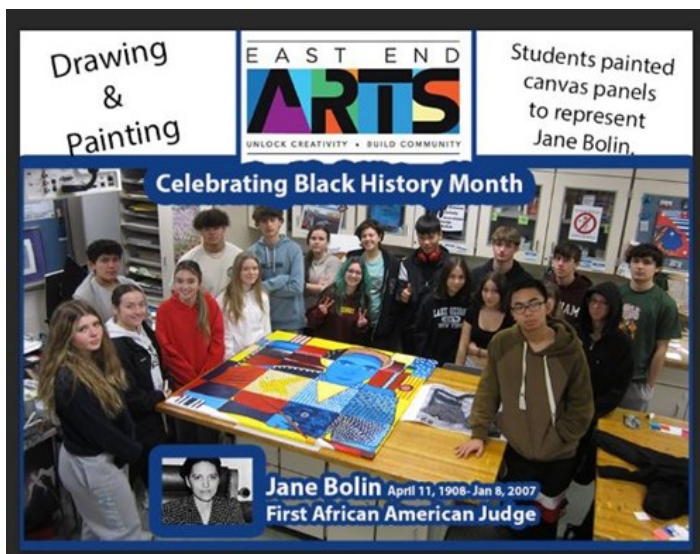
Thank you for all the students involved, your efforts are noted and appreciated!

<http://www.shopeea.com/2024-mlk-portrait-project>



Mount Sinai Panel Artist from left to right

1. Donovan Vintimilla & Lawrence Ji
2. Giavanna Batista
3. Kayla Schuster
4. Kaitlyn DeNyse & Hailey Bolen
5. Louis Fan & Ava Fusco
6. Ryan Dalton
7. Juley Foley
8. Kiara DeLa Cruz
9. Kamila Kelley
10. Priscilla DeLaurenzo & Marcelo Bejines
11. Hailey Loddigs & DeAndre Temple
12. Brielle Balz & Vincent Phillips
13. Holly Grieve
14. Andrews Manise
15. Sage Burke
16. Emma Laraque



Mt. Sinai High School's Class of 2025/Movie Night

Mt. Sinai High School's Class of 2025 was proud to host another very successful movie night that took place on December 15th. The movie of the night was *The Grinch*, and movie goers came in their most comfy pajamas! Before the movie, The Grinch himself made an appearance, and posed for pictures. Midway through the movie, The Grinch even snuck across the stage with all the presents he stole! It was a very family-friendly night out, and the Class of 2025 is looking forward to our spring movie night. "Bee" on the lookout for details in the upcoming weeks.



Mt. Sinai High School's Model UN

Mt. Sinai High School's Model UN teamed up with the high school's fashion design class to create holiday cards for nursing home residents and Veteran homes. The fashion club created beautifully crafted cards, while on December 19th, Model UN members encouraged all the high school students to help create cards during their lunch period. The amount of cards that were made far exceeded last years! Students received a very kind thank you letter from Long Island State Veterans Home at Stony Brook University, stating that "it is heartening for the residents who make this special facility their home to know that the community has not forgotten them." Model UN hopes to expand this

